

Read the text about being Vegetarian in the UK then do these exercises to check your understanding.

1. Check your understanding: true or false

Circle *True* or *False* for these sentences.

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|----|---|-------------|--------------|
| 1. | Vegetarianism is becoming more popular in Britain. | <i>True</i> | <i>False</i> |
| 2. | 200 people stop eating meat in the UK every week. | <i>True</i> | <i>False</i> |
| 3. | Vegetarians and vegans don't eat or use any animal products. | <i>True</i> | <i>False</i> |
| 4. | A meat-free diet can increase the possibility of heart disease. | <i>True</i> | <i>False</i> |
| 5. | Organic farmers don't use drugs or antibiotics to produce meat. | <i>True</i> | <i>False</i> |
| 6. | Vegetarian and organic food is sold in many British supermarkets. | <i>True</i> | <i>False</i> |

2. Check your vocabulary: gap fill

Complete the gaps with a word from the box.

over	every year	very few
Three out of every four	Many	More and more

- _____ British people are deciding not to eat meat and animal products.
- There's a 'National Vegetarian Week' organised _____.
- There are _____ three million vegetarians in the UK today.
- _____ vegetarians and vegans choose not to eat meat or animal products for ethical reasons.
- Organic farmers use no, or _____, chemicals, pesticides or fertilisers.
- _____ households in the UK now buy some types of organic food.

3. Check your vocabulary: matching

Match the expressions with their similar meanings on the right and write a – f next to the number 1 – 6.

- | | |
|--------------------------|----------------------------|
| 1..... every year | a. annually |
| 2..... many | b. an increasing number of |
| 3..... more and more | c. more than |
| 4..... over | d. a lot of |
| 5..... three out of four | e. 75% |
| 6..... very few | f. hardly any |

Would you think about becoming a vegetarian?

Would you miss meat if you became a vegetarian?

How much meat do you eat in your diet?

Are there many vegetarians in your country?

Do you think the world would be a better place if people ate less meat?

Learner Reflection

What did you learn from reading about Vegetarianism.

What I learnt...

What I enjoyed...

What I didn't enjoy...